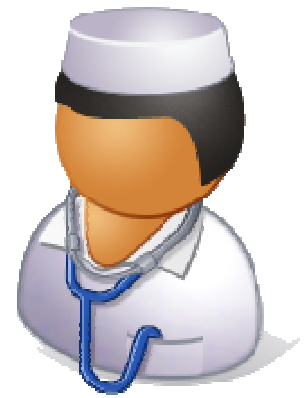


Health Check-In

Upon arriving at camp you will visit the nurse and . . .



- ☺ Turn in all medications with the completed Health Form
- ☺ For campers to receive any medications at camp, (either prescription or over-the-counter), the form must be signed by your physician.
- ☺ Discuss personal health information.
- ☺ Leave hairdryers and curling irons with the nurse, which can only be used in designated areas.
- ☺ As part of the NYS Health Department Regulations, all campers & staff are checked for head lice and/or nits (eggs). Anyone with lice or nits will be prohibited from attending camp.
- ☺ To make the lice check smoother, please come to camp with your hair down and loose, without any additives (i.e. mousse or hair spray).
- ☺ Insurance — Please be sure to include your health insurance information on the Health Form.
- ☺ Extra copies of the Health Form can be downloaded from the camp's website;

The nurse can be contacted at camp at 518-483-2742

www.4hcampoverlook.org